

Susan Stryker

Presenter Bio (s): Susan Stryker PhD Susan earned a bachelor's degree at the University of Oklahoma and later received her PhD at the University of California, Berkeley. Susan is an accomplished, author, filmmaker, and theorist whose work focuses on gender and human sexuality. She is Professor of Gender and Women's Studies, former director of the Institute for LGBT Studies, and founder of the Transgender Studies Initiative at the University of Arizona. She has served as a visiting professor at Harvard University, University of California, Santa Cruz, and Simon Fraser University. She is currently on leave to while holding an appointment as Visiting Professor of Women's Gender, and Sexuality Studies at Yale University (2019–20). She is an openly lesbian trans woman who has produced a significant body of work about transgender and queer culture.

Training Objectives: This interactive session will be structured as a conversation with the distinguished scholar, filmmaker, and theorist Susan Stryker, whose work focuses on gender and human sexuality. Topics addressed will include the changing understandings of gender and gender roles; the history of LGBTQ+ communities; and the connections among gender theory, activism, community building, self-realization, and empowerment in the twenty-first century. Participants will have the opportunity to pose questions, to offer comments, and to engage in dialogue with Professor Stryker as she helps us to synthesize the day's insights and learning experiences.

1. learn about changing historical and cultural definitions and understandings of gender identity and expression and of sexuality.
2. explore theoretical frameworks for discussing gender and sexuality and for developing outreach and services to LGBTQ+ and gender-diverse populations.
3. develop strategies for situating their clinical work and their clients' lived experiences within a wider historical and cultural framework.

Mark Fergeson & Jason Revel

Presenter Bio (s): Mark G. Fergeson, APRN, CNP, FNP, Mark Fergeson is the co-owner, medical director, and primary provider for Fulcrum Health & Wellness, a family owned and operated business located in South Oklahoma City. He is also co-owner of Revan Health and serves as the medical director for Revan Health and Diversity Health & Wellness. Fergeson received his Masters of Science of Nursing from the University of Cincinnati in 2013. Fergeson is currently a licensed Family Nurse Practitioner, bringing his 25 years of experience working in critical care and Emergency medicine to the primary care setting. He is passionate about hormone therapy and gained training in hormone optimization through World Link Medical, Academy of Preventive & Innovative Medicine before gaining several years of experience through personal practice. Fergeson's multiple practices extend to a diverse patient population, including LGBTQ+ Healthcare, sexual health, family health, and autoimmune disorders, such as Pediatric Autoimmune Encephalitis. His decision to leave Emergency medicine and create his own innovative private practice was driven by his personal experiences, in which immediate family members required specialized treatment for autoimmune and transgender hormone therapy. At Fulcrum, Revan, & Diversity Health Clinics, we embrace a holistic, evidence-based approach to health and wellness. We are pleased to offer culturally-sensitive, safe and affordable services inclusive to all.

Co-Presenter Bio (s): Dr. Jason Revel, Pharm. D., Jason Revel is the co-founder of Revan Rx, a LGBTQ+ specialty pharmacy and Revan Health, a clinic that specializes in unique care for all. Located in Oklahoma City, Revan Rx and Revan Health were founded on the basis that the LGBTQ+ community is often misunderstood by mainstream healthcare and often requires specialized care and healthcare providers that understand their needs. Revel is a 2004 graduate of the Doctor of Pharmacy Program at the University of

Missouri School of Pharmacy. With a focus on HIV, compounding and Mental Health Care, he feels his education is best suited to help the members of his own community that he serves. Dr. Revel has many accomplishments throughout his career including HIV education certification, certified compounding pharmacist, certified veterinary pharmacist and veterinary medication compounding, long term care, corporate retail pharmacy management, sterile medication compounding, hospital pharmacy, and has served as a clinical pharmacist for major Pharmacy Business Management companies. Dr. Revels goal is to serve a community that he is part of and to offer specialized and private care in a setting that is inviting and comforting.

Training Objectives: “Hormone Therapy Within the Gender Spectrum”; Hormone Therapy is a common medical practice that is implemented to achieve a variety of goals. In relation to the gender spectrum; hormone therapy can be a crucial element for body or gender dysphoria. There are many misconceptions on the risks and benefits regarding hormone therapy and how it relates to the entire body. Cis, transgendered, two spirit, and non-binary people’s overall health is dependent upon proper utilization and balancing of human hormones. Understanding hormones and their relation to the human body, sexual assignment, or gender orientation is a vital component for any practitioner or patient alike.

1. Participants will gain a broad overview of Hormone Therapeutic techniques based on goal-oriented results ranging from cis, transgendered, two spirited, and non-binary persons.
 - a. Define characteristics that comprise the foundations of hormone therapeutics
 - b. Gain understanding of why hormone balancing is important to overall health for all persons.
 - c. Define the risks, benefits and misconceptions of hormone therapy treatments.
 - d. Discuss range of treatment options to reach various hormone therapy goals
 - e. Develop understanding of the importance of maintenance and monitoring of ongoing hormone treatments.
2. Upon completion of the session, participants should be able to identify and/or define:
 - a. Basic parameters to obtaining and gauging patient specific goals
 - b. Sex hormones and associated secondary characteristics
 - c. At least one health benefit for each of the three primary hormones used in hormone therapy: Testosterone, Estrogen, and Progesterone
 - d. Synthetic versus bioidentical hormones
 - e. Reasoning behind various hormone regimens
 - f. Methods of monitoring, evaluating and reevaluating patient outcomes relating to hormone therapy.

Randolph D. Hubach, PhD, MPH

Presenter Bio (s): Dr. Randolph Hubach is Co-Director of the Sexual Health Research Lab at Oklahoma State University (OSU) and Associate Professor of Rural Health at Oklahoma State University—Center for Health Sciences. He holds a Ph.D. in Health Behavior from Indiana University’s School of Public Health and MPH from California State University, Fullerton. Early in his career, Dr. Hubach’s research and practice experiences included serving as PI on a federally funded community-based sexual health intervention project, developing managed care programs for local public health and mental health jurisdictions, and serving in

leadership positions in multiple community health coalitions and planning processes. As a behavioral scientist and public health researcher, he has gained a practical understanding of the challenges associated with the delivery of public health programs that are scientifically sound and responsive to the needs of diverse communities. Learn more about Dr. Hubach's research at: <https://sexualhealthresearch.org>

Training Objectives: The continuums of care are unreliable for LGBTQ individuals residing in rural areas of the United States. Factors such as poverty, stigma, and healthcare access have coalesced in such a manner to place individuals in rural communities at enhanced risk for a myriad of health concerns. Similar conditions influence the health behaviors of those in suburban and urban areas of Oklahoma, where conservative social norms and cultural contexts are not bound to rural communities.

This session will explore factors associated with: 1) sexual orientation and sexual behavior disclosure to physicians and mental health providers; 2) the HIV care and PrEP continuums in Oklahoma; 3) rural-urban health differences for LGBTQ in Oklahoma; and 4) preferred health messaging within this population.

There are several underlying needs for physicians, psychologists, social workers, and other practitioners to be able to address this problem:

- Care practitioners may not understand the syndemic relationship between poverty, stigma, and health outcomes. (knowledge)
- Many practitioners have not received formal education or training on methods to intervene. Strategies are needed to help providers assess risk among, enact screening procedures, and to enhance care continuums. (competence)
 - Assess the continuums of care for LGBTQ individuals with rural and urban areas in Oklahoma.
 - Evaluate proximal and distal factors influencing the health of LGBTQ individuals in Oklahoma.
 - Compare current evidence-based interventions to establish best practices for engaging patients.

Paulette Pitt

Presenter Bio (s): Paulette Pitt, M.Ed, Ph.D., LP, LSSP, NCSP, LPC, and Certified School Psychologist has been practicing with the pediatric and adolescent population for 20 years. Currently, she works as a School Psychologist and has a private practice. Previously, she served as an Assistant Professor in the Department of Pediatrics, Section of Adolescent Medicine at the University of Oklahoma College of Medicine. She earned her Bachelor of Arts in Psychology at University of Texas at Dallas, Master's of Counseling Education at University of North Texas, Graduate Certificate in Applied Behavior Analysis at University of North Texas, Doctoral in Psychology at Texas Woman's University, and postdoctoral training in pediatric and adolescent neuropsychology. She completed an internship at Center for Psychological Development and postgraduate fellowship at Center for Psychological Development and Applied Psychology Group of Texoma. Dr. Pitt is WPATH trained and prefers pronouns she, her.

Training Objectives: *Working with Gender Diverse Adolescents: Meeting the Needs of Clients and Their Families.*

1. Recognize mental health issues faced by transgender adolescents
2. Describe medical issues related to transition
3. Understand difficulties adolescents face when transitioning

4. Address the impact of family acceptance on gender diverse adolescents

Colt St. Amand

Presenter Bio (s): Dr. Colt St. Amand, Dr. St. Colt Amand (he/they) is a psychologist physician with over a decade of research and practice in the field of transgender health. A transgenderqueer Two Spirit man. He is WPATH Certified Provider and Global Education Initiative Mentor whose research has focused on understanding the mental health effects of hormone therapy and the experiences of parents of young transgender people. Dr. St. Amand helps to bridge the gap between the trans community and medical providers who have traditionally been cisgender.

Ethical Gender Care in the Primary Care Setting

As transgender care is interprofessional, Colt St. Amand, PhD, MD (he/they) will lead attendees through the ethical process of taking an interprofessional comprehensive history of a new transgender patient who is presenting to begin hormone therapy. Terminology nuances will be explained in order to facilitate patient-provider communication and improve access to culturally sensitive care. Guidelines and resources will be shared throughout the presentation. As providing holistic care is critical, mental health and sexual health will be covered in the comprehensive history.

1. Take a comprehensive initial gender care history for trans patients wishing to initiate hormone therapy
2. Identify evidence based and up to date resources regarding hormone therapy management in the primary care setting

Dr. Reagan Gill & Dr. Brandy Kalami

Presenter Bio (s): Dr. Reagan Gill is currently Chief Resident of Psychiatry at Oklahoma State University Center for Health Sciences. In addition to teaching medical students and treating adult psychiatric patients in Tulsa, she also performs forensic evaluations on defendants in the Oklahoma Forensic Hospital. She has given multiple state and national conference presentations on a wide variety of topics. She has a special interest in the LGBTQ+ population and has chosen to participate in continued education on treating the LGBTQ+ community. She will be focusing her last year of residency on special populations, helping to formulate best practice recommendations.

Co-Presenter Bio (s): Dr. Brandy Kalami is a senior Psychiatry resident and Chief Emeritus at Oklahoma State University Center for Health Sciences. For the past three years, she has worked with patients with severe mental illness and addiction. She has focused her last year of training on treating special populations, including the LGBTQ+, co-leading support groups and working with an interdisciplinary team to use evidence-based practices to treat the LGBTQ+ population. Starting July 2020, she will begin working as a Psychiatrist in the Veteran's Healthcare System in Fayetteville, Arkansas.

Training Objectives: The concept of LGBTQ+ inclusivity in the healthcare system is ever-evolving. The LGBTQ+ population has been fighting for equal access to healthcare for decades. Although great strides have been made, there is more work to be done. The field of psychiatry is no exception. This presentation discusses the educational components necessary to become a psychiatrist. It explores limitations of LGBTQ+ inclusion when dealing with mental health, highlighting diagnostic tools and criteria that have mirrored cultural trends. We explore current medical education standards in place that incorporate cultural competency and evaluate implicit bias. Lastly, we discuss future directions for increasing LGBTQ+ inclusivity in both psychiatric education and practice.

1. Understand the education, roles and responsibilities of the psychiatrist.
2. Understand the tools psychiatrists use and the limitations of the psychiatrist in terms of cultural competency and implicit bias.
3. Develop an understanding of the national and international efforts for LGBTQ+ inclusivity in the field of medicine.

Mauree Turner B.A & Kelley Blair M.S. LPC-S

Presenter Bio (s): Mauree Turner M.A. Mauree Nivek Rajah Salima Turner - Pronouns she / they - is currently the Regional Field Director for the Campaign for Smart Justice, an ACLU campaign focusing on criminal justice reform, and its many intersections. Their life's work is geared towards fighting for and maintaining civil rights and liberties for all. Mauree is a born and raised Queer Okie-Muslim community organizer. In elementary school, if they were missing class it was because Mauree was at an HIV/AIDS Awareness or LGBTQ+ advocacy conference with their mother. Mauree grew up in the margins of life and knows what it's like to not see yourself, but need an advocate - so they became one.

Mauree grew up believing in their power and duty to change the world for the better. She has also worked with the NAACP of Oklahoma, Freedom Oklahoma, CAIR OK, and a number of community based and student lead groups. In working with these groups Mauree has been able to research the intersections of racial justice, LGBTQ+ rights, religious freedom, reproductive rights - just to name a few, and she is very grateful to be here with us today.

Kelley B. Blair M.S. LPC., (their pronouns are they/them/their) Earned a Master's in Community Counseling at Oklahoma State University-Stillwater and taught at the university level for 3 years. Kelley is a licensed professional counselor and supervisor with nearly 20 years of experience working in the helping field with therapeutic and advocacy experience related directly to the Native American and LGBTQ communities in Oklahoma. Kelley is Choctaw, Cherokee and Seminole, they also identify as a transgender Two-Spirit person (gender non-conforming). Kelley is the founder of the Diversity Center of Oklahoma, a non-profit community resource center for gender diverse and 2-S-LGBTQ populations and their families including disenfranchised and marginalized people of color. Kelley has extensive experience working in the non-profit arena and serves on several Native American and LGBTQ related non-profit boards, social justice, state/civic community organizations, currently they Co-Chairing the Central Oklahoma Two-Spirit Society and sits on the International Council of Two-Spirit Societies. Kelley recently was asked to be on the International Leadership Circle for Two-Spirit Council.

Training Objectives: Grrrl Justice explores the pathways of girls and gender non-conforming youth of color into the juvenile justice system. The three protagonists centered in this triptych refuse to accept current circumstances as the final word on their lives. Navigating a world of invisibility, each girl must come to terms with what it means to be seen. In the end, it's their story to tell.

1. The specific of girls and gender non-conforming people of color in relation to the justice system?
2. Participants will become more familiar with terminology related to criminal justice system, especially as it relates to African American folk